Introduction to Advanced Manual Therapy: May 1-3, 2015

Course Hours: Friday (12-7), Saturday and Sunday (8-5)

Cost

This course is designed for physiotherapists:

- Who have recently graduated and are aiming to consolidate the knowledge and practical techniques learned during their entry-level education, clinical placements and during the first few months of employment
- Who would like a refresher on Level 1 Orthopaedic techniques and case-based clinical reasoning in the context of manual therapy prior to taking a Level 2 course
- Who are new to the Orthopaedic Division educational system, having received their physiotherapy training outside of the Canadian system, and are interested in learning valuable manual assessment and treatment techniques to apply to their clinical practice

Course content will include:

- Case-based discussions to provide students with clinical reasoning skills applicable in daily practice and to help prepare for Orthopaedic Division syllabus courses and examinations
- Systematic subjective assessment and physical examination skills with review of relevant anatomy
- Differential Diagnosis and treatment plan development
- Spinal and peripheral Manual Therapy techniques including discussion of indications and contraindications
- Relevant exercises to support manual treatments
- A review of basic biomechanics, osteokinematics and arthrokinematics
- Pain science update in the context of neurodynamic testing and treatment
- Reliability of clinical diagnostic tests

Registrants will have the option to challenge the Level I Orthopaedic Examination directly following completion of this course. Please note that for those interested in this option, Level 1 theory content will not be reviewed during the course and should be reviewed by students in advance of the course. Exam content is available in the Orthopaedic Division Theory manuals thus registrants who wish to challenge the exam but do not yet own the manuals must contact the London Ortho Unit as soon as possible in order to receive their manuals in time to study for the exam. Registrants have the option to defer challenging this exam to a later date but will have to register separately for the exam through the Orthopaedic Division. Provision of an exam invigilator may be available through the London Orthopaedic Unit for those who took the Introduction to Advanced Manual Therapy course.